**SUBJECT: Athletic Competition** 

CATEGORY: Instruction

RESPONSIBLE OFFICE(S): Educational Services

# **SCOPE:**

The Governing Board recognizes that the athletic program constitutes an integral component of the educational program and helps to build a positive school climate. The athletic program also promotes the physical, social and emotional well-being of participating students, and provides them with an opportunity to learn beneficial character development skills. The athletic program shall be designed to meet students' interests and abilities and be varied in scope to attract wide participation. (cf. 3541.1-Transportation for School-Related Trips) (cf. 5137-Positive School Climate) (cf. 5030 - Student Wellness)(cf. 6142.7-Physical Education) (cf. 7110-Facilities Master Plan)

## **POLICY:**

All athletic teams should be supervised by qualified coaches to ensure that student athletes receive appropriate instruction and guidelines related to safety, sports skills, and sportsmanship. Athletic events shall be officiated by qualified personnel (cf. 4127/4227/4327 – Temporary Athletic Team Coaches)

Nondiscrimination and Equivalent Opportunities in the Athletic Program

The district's athletic program shall be free from discrimination and discriminatory practices prohibited by state and federal law, including, but not limited to, the use of any racially derogatory or discriminatory school or athletic team name, mascot, or nickname. The Superintendent or designee shall ensure that equivalent athletic opportunities are provided for males and females, and that students are permitted to participate in athletic activities consistent with their gender identity. (cf. 0410-Nondiscrimination in District Programs and Activities) (cf. 5145.3-Nondiscrimination/Harassment) (cf. 5145.7-Sexual Harassment)

No student shall be excluded from participation in, be denied the benefits of, be denied equivalent opportunity in, or otherwise be discriminated against in interscholastic, intramural, or club athletics on the basis of actual or perceived ancestry, color, disability, race or ethnicity, religion, gender, gender expression, gender identity, immigration status, national origin, sex, sexual orientation, or association with a person or group with one or more of these actual or perceived characteristics. (Education Code 220-221.5, 230; 5 CCR 4920; 34 CFR 106.41) (cf. 0410-Nondiscrimination in District Programs and Activities) (cf. 5145.3- Nondiscrimination/Harassment)

The Superintendent or designee may provide single-sex teams when selection for the team is based on competitive skills. (5 CCR 4921; 34 CFR 106.41)

Any complaint regarding the District's athletic program shall be filed in accordance with BP/AR 1312.3-Uniform Complaint Procedures (cf. 1312.3-Uniform Complaint Procedures)

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Each student shall be allowed to participate in any single-sex athletic program or activity consistent with his/her gender identity and for which he/she is otherwise eligible to participate, irrespective or the gender listed on the student's records.

When a school provides only one team in a particular sport for members of one sex, but provides no team in the same sport for members of the other sex, and athletic opportunities in the total program for that sex have been previously limited, members of the excluded sex shall be allowed to try out and compete with the team. The same standards for eligibility shall be applied to every student trying out for the team, regardless of actual or perceived ancestry, color, disability, race or ethnicity, religion, gender, gender expression, gender identity, immigration status, national origin, sex, sexual orientation, or association with a person or group with one or more of these actual or perceived characteristics. (Education Code 220-221.5, 230; 5 CCR 4920; 34 CFR 106.41) (cf. 0410-Nondiscrimination in District Programs and Activities) (cf. 5145.3- Nondiscrimination/Harassment)

When determining whether equivalent opportunities are available to both sexes in athletic programs, the Superintendent or designee shall consider, among other factors: (5 CCR 4922; 34 CFR 106.41)

1. Whether the selection of sports and levels of competition offered effectively accommodate the interests and abilities of both sexes.

The athletic program shall be considered to effectively accommodate the interests and abilities of both sexes if it meets one of the following criteria: (Education Code 230)

- a. The interscholastic-level participation opportunities for male and female students are provided in numbers substantially proportionate to their respective enrollments.
- b. When the members of one sex have been and are underrepresented among interscholastic athletes, the district can show a history and a continuing practice of program expansion that is demonstrably responsive to the developing interests and abilities of the members of that sex
- c. When the members of one sex are currently underrepresented among interscholastic athletes and the district cannot show a history and continuing practice of program expansion as required in item #b above, the district can demonstrate that the interest and abilities of the members of that sex have been fully and effectively accommodated by the present program.
- 2. The provision and maintenance of equipment and supplies
- 3. Scheduling of games and practice times, selection of the season for a sport, and location of the games and practices
- 4. Travel and per diem allowances
- 5. Opportunities to receive coaching and academic tutoring
- 6. Assignment and compensation of coaches and tutors

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- 7. Provision of locker rooms and practice and competitive facilities
- 8. Provision of medical and training facilities and services
- 9. Provision of housing and dining facilities and services
- 10. Publicity
- 11. Provision of necessary funds

# **Sportsmanship**

The Board supports the ideals of good sportsmanship, ethical conduct and fair play, and expects student athletes, coaches, spectators and others to demonstrate these principals during all athletics competitions.

In preparing for and participating in athletic competitions, students and staff shall abide by the core principles of trustworthiness, respect, responsibility, fairness, caring and citizenship, as adopted by the California Interscholastic Federation (CIF) in its publication "Pursuing Victory with Honor."

Students and staff may be subject to disciplinary action for improper conduct. (cf. 3515.2) – Disruptions) (cf. 5144-Discipline) (cf. 5144.1- Suspension and Expulsion/Due Process)

#### **California Interscholastic Federation**

The Board maintains membership in the California Interscholastic Federation (CIF) and requires that interscholastic athletic activities be conducted in accordance with Board policy, administrative regulation and CIF bylaws and rules. The Superintendent or designee shall have responsibility for the District interscholastic athletic program while the principal or designee at each participating school shall be responsible for the site-level decisions as appropriate.

Upon recommendation of the Superintendent, the Board shall annually designate an employee from each high school to serve as a representative to the local CIF league. Appointees shall represent the District in performing all duties required by the CIF league. In making this selection, the Board shall consider the employee's understanding of the District's goals for student learning and interscholastic and extracurricular activities, knowledge of the athletic programs, awareness of the implications of league decisions for the school and the District, and individual interpersonal communication and leadership skills.

The Superintendent or designee shall ensure that the District representatives to CIF report regularly to the Board on league, section and statewide issues, as well as activities and prospective actions related to athletics.

# **Student Eligibility**

The first priority of student athletes shall be commitment to their education and academic achievement. Eligibility requirements for participation in the District's interscholastic athletic program are the same as

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those set by the District for participation in extracurricular and co-curricular activities. (cf. 5111.1-District Residency) (cf. 5121-Grades/Evaluation of Student Achievement) (cf. 6145-Extracurricular and Co-curricular Activities) (cf. 6146.1-High School Graduation Requirements) (cf. 6162.52-High School Exit Examination)

In addition, the Superintendent or designee shall ensure that students participating in CIF league athletics satisfy any additional CIF eligibility requirements.

Students shall not be charged a fee to participate in an athletic program, including, but not limited to, a fee to cover the cost of uniforms, locks, lockers, or athletic equipment. (cf. 3260 - Fees and Charges) (cf. 5143 - Insurance)

## **Health and Safety**

The Board desires to give student health and safety the highest consideration in planning and conducting athletic activities.

Students shall have a medical clearance before participating in the interscholastic athletic program. Care shall be taken to ensure that all athletic trainings and competitions are conducted in a manner that will not overtax the physical capabilities of the participants. When appropriate, protective equipment shall be used to prevent or minimize injuries. (cf. 5131.61-Drug Testing) (cf. 5131.63-Anabolic Steroids) (cf. 5141.3-Health Examinations) (cf. 5141.6 – School Health Services) (cf. 5143 - Insurance)

Coaches and appropriate District employees shall take every possible precaution to ensure that athletic equipment is kept in safe and serviceable condition. The Superintendent or designee shall ensure that all athletic equipment is cleaned and inspected for safety before the beginning of each school year. (cf. – 5142 – Safety)

The Superintendent or designee shall develop a written emergency action plan that describes the location of automated external defibrillator(s) and procedures to be followed in the event of sudden cardiac arrest or other medical emergency related to the athletic program's activities or events. The plan shall be posted in accordance with guidelines of the National Federation of State High School Associations. (Education Code 35179.4)

In the event of a serious injury or a perceived imminent risk to a student's health during or immediately after an athletic activity, the coach or other appropriate district employee who is present shall remove the student athlete from the activity, observe universal precautions in handling blood or other bodily fluid, and/or seek medical treatment for the student as appropriate.(cf. 4119.42/4219.42/4319.42-Exposure Control Plan for Bloodborne Pathogens) (cf. 4119.43/4219.43/4319.43-Universal Precautions) (cf. 5141 – Health Care and Emergencies) (cf. 5141.21-Administering Medication and Monitoring Health Condition) (cf. 5141.22 –Infectious Diseases)

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The Superintendent or designee shall annually distribute to student athletes and their parents/guardians an information sheet on concussions and head injuries. The student and parent/guardian shall sign and return the information sheet before the student's initiating practice or competition. (Education Code 49475) (cf. 5145.6 – Parental Notifications)

If a student athlete is suspected of sustaining a concussion or head injury in an athletic activity, he/she shall be immediately removed from the activity for the remainder of the day. The student shall not be permitted to return to the activity until he/she is evaluated by a licensed health care provider trained in the management of concussions and receives the health care provider's written clearance to return to the activity. (Education Code 49475)

The Superintendent or designee shall notify the student's parent/guardian of the date, time, and extent of any injury suffered by the student and any actions taken to treat the student.

The Superintendent or designee shall provide training to coaches, athletic trainers, and/or school nurses regarding concussion symptoms, prevention, and appropriate response. (cf. 4127/4227/4327 – Temporary Athletic Team Coaches)

#### **Parental Notifications**

Before a student participates in interscholastic athletic activities, the Superintendent or designee shall send a notice to the student's parent/guardians which:

- 1. Contains information about the procedures for filing a discrimination complaint that arises out of an interscholastic athletic activity, including the name of the district's Title IX Coordinator (cf. 1312.3 Uniform Complaint Procedures)
- 2. Includes a copy of the Athletes' Bill of Rights pursuant to Education Code 271
- 3. Explains that there is an element of risk associated with all athletic competitions and that the district cannot guarantee that students will not be injured, despite a commitment to every participant's health and welfare (cf. 3530 Risk Management/Insurance)
- 4. Provides information about insurance protection pursuant to Education Code 32221.5 (cf. 5143 Insurance)
- 5. Request parental permission for the student to participate in the program and, if appropriate, be transported by the district to and from competitions. (cf. 3541.1 Transportation for School-Related Trips)
- 6. States the Governing Board's expectation that students adhere strictly to all safety rules, regulations, and instructions, as well as rules and guidelines related to conduct and sportsmanship (cf. 5144 Discipline) (cf. 5144.1 Suspension and Expulsion/Due Process)
- 7. Includes a copy of the local California Interscholastic Federation (CIF) league rules.



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8. Includes information about the CIF bylaw and district policy requiring any student athlete and his/her parent/guardian to sign a statement that the student will not use steroids or dietary supplements banned by the U.S. Anti-Doping Agency. (cf. 5131.63 – Steroids)

# **DESIRED OUTCOME:**

To ensure all students have equal access to competitive athletics programs.

# <u>IMPLEMENTATION GUIDELINES AND ASSOCIATED DOCUMENTS:</u>

# **District Policies and Procedures:**

AR 6145	Extra Curricular and Cocurricular Activities
BP 6145	Extra Curricular and Cocurricular Activities
AR 6145.2	Athletic Competition
AR 5145.5	Nondiscrimination/Harassment
BP 5145.3	Nondiscrimination/Harassment
BP 1312.3	Community Relations – Uniform Complaint Procedures

# **Legal Reference:**

# **EDUCATION CODE**

220	Dushihitian of discountingtion	
220	Prohibition of discrimination	
221.5	Sex equity in education	
270-271	Athletes Bill of Rights	
17580-17581	Football equipment	
32220-32224	Insurance for athletic teams, especially:	
32221.5	Required insurance for athletic activities	
33353-33353.5 California Interscholastic Federation; implementation of policies, insurance		
	program	
33354	California Department of Education authority over interscholastic athletics	
33479-33479.	9 The Eric Parades Sudden Cardiac Arrest Prevention Act	
35160.5	District policies; rules and regulations	
35179	Interscholastic athletics	
48850	Interscholastic athletics; students in foster care and homeless students	
48900	Grounds for suspension and expulsion	
48930-48938	Student organizations	
49010-49013	Student fees	
49020-49023	Athletic programs; legislative intent, equal opportunity, apportionment, prohibited	
	sex discrimination	
49030-49034	Performance-enhancing substances	
49458	Health examinations, interscholastic athletic program	
49475	Health and safety, concussions and head injuries	



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4900-4965 Nondiscrimination in elementary and secondary educational programs receiving

state or federal financial assistance

Exemption from physical education for high school students in interscholastic

athletic program

# PENAL CODE

245.6 Hazing

# **CODE OF REGULATIONS, TITLE 5**

4920-4922	Nondiscrimination in intramural, interscholastic, and club activities
4900-4965	Nondiscrimination in elementary and secondary education programs, especially:

Supervision of extracurricular activities of students

5590-5596 Employment of non-certificated coaches

# **UNITED STATES CODE, TITLE 20**

1681-1688 Discrimination based on sex or blindness, Title IX

# **CODE OF FEDERAL REGULATIONS, TITLE 34**

106.31	Nondiscrimination on the basis of sex in education programs or activities
106.22	C 11 C 11/2

106.33 Comparable facilities

Nondiscrimination in athletic programs

Mansourian v. Regents of University of California, (2010) 602 F. 3d 957 McCormick v. School District of Mamaroneck, (2004) 370 F.3d 275 Kahn v. East Side Union High School District, (2003) 31 Cal. 4th 990

Hartzell v. Connell, (1984) 35 Cal. 3d 899

#### **Management Resources:**

# **CSBA PUBLICATIONS**

Updated Legal Guidance: Protecting Transgender and Gender Nonconforming Students Against Discrimination, March 2017

Student Fees Litigation Update, Education Legal Alliance Advisory, May 20, 2011

A School Board Member's Guide to CIF and Interscholastic Sports, 1997

#### CALIFORNIA INTERSCHOLASTIC FEDERATION PUBLICATIONS

California Interscholastic Federation Constitution and Bylaws

Athletic Department Emergency Action Plan: Response Teams

Keep Their Heart in the Game: A Sudden Cardiac Arrest Information Sheet for Athletes and

Parents/Guardians

Event Emergency Guidelines, 2013

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A Guide to Equity in Athletics Guidelines for Gender Identity Participation Pursuing Victory with Honor, 1999

# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS PUBLICATIONS

Emergency Action Planning Guide for After-School Practices and Events

## CENTERS FOR DISEASE CONTROL AND PREVENTION PUBLICATIONS

Heads Up: Concussion in High School Sports, Tool Kit, June 2010 Heads Up: Concussion in Youth Sports, Tool Kit, July 2007 Acute Concussion Evaluation (ACE) Care Plan, 2006

# **U.S. DEPARTMENT OF EDUCATION OFFICE FOR CIVIL RIGHTS PUBLICATIONS**

Withdrawal of Dear Colleague Letter on Transgender Students, Dear Colleague Letter, February 22, 2017

Intercollegiate Athletics Policy Clarification: The Three-Part Test - Part Three, Dear Colleague Letter, April 20, 2010

# **WEB SITES**

CSBA: http://www.csba.org

California Department of Education: http://www.cde.ca.gov California Interscholastic Federation: http://www.cifstate.org

Centers for Disease Control and Prevention, Concussion Resources:

http://www.cdc.gov/concussion

National Federation of State High School Associations: http://www.nfhs.org

National Operating Committee on Standards for Athletic Equipment: http://www.nocsae.org

U.S. Anti-Doping Agency: http://www.usada.org

U.S. Department of Education, Office for Civil Rights: http://www2.ed.gov/ocr

# **ADOPTION AND REVISION HISTORY:**

Approved: (6-76 2-77 11-02) 03-15 (5-21) Santa Ana, CA